Participant: Indra Zeiza

Sending Institution: Luther Academy

Host Country: Slovakia, Banska Bistrica

Host Institution: University of Matej Bel

Mobility Duration: 19.10.2026.-23.10.2026.

Motivation to participate in Erasmus study mobility

This was my first experience within the framework of the Erasmus+ program. I wanted to understand the format of this training. What does it require of me? What knowledge and skills are needed? How do I handle various challenges? Meeting and communicating with people who shared similar interests was a unique opportunity.

Cooperation with the sending and receiving institutions

Cooperation with the sending academy was good. Perhaps I had expected more support as this was my first experience of this kind and I had more questions than answers, but everything worked out well. Cooperation with the host institution was good; the people there were responsive and kind, and they did their utmost to ensure that the training and other activities were of a high standard.

Academic and personal achievements

The academic level was high. But that's a good thing, because, in a way, you are compelled to adapt to it even when certain topics don't seem entirely clear. In any case, it broadens my horizons. As for personal achievements, I was able to gauge both my English language skills and my knowledge of theology.

Todds Patterson lectures on metaphysics were valuable, but not easy. I learned that biblical metaphysics is what the scriptures teach about reality. The church promotes social imagination. Social imaginations have an implicit metaphysics. And we the people participate in all of it. It was new knowledge that I had never known before.

Todd's wife Jan's presentation of the story of the creation of Sunday school was also interesting and creative. It was a chance to feel a little like children ourselves. We drew the story of creation day by day. We could hear a little Slovak in Jana's performance.

Most memorable impressions

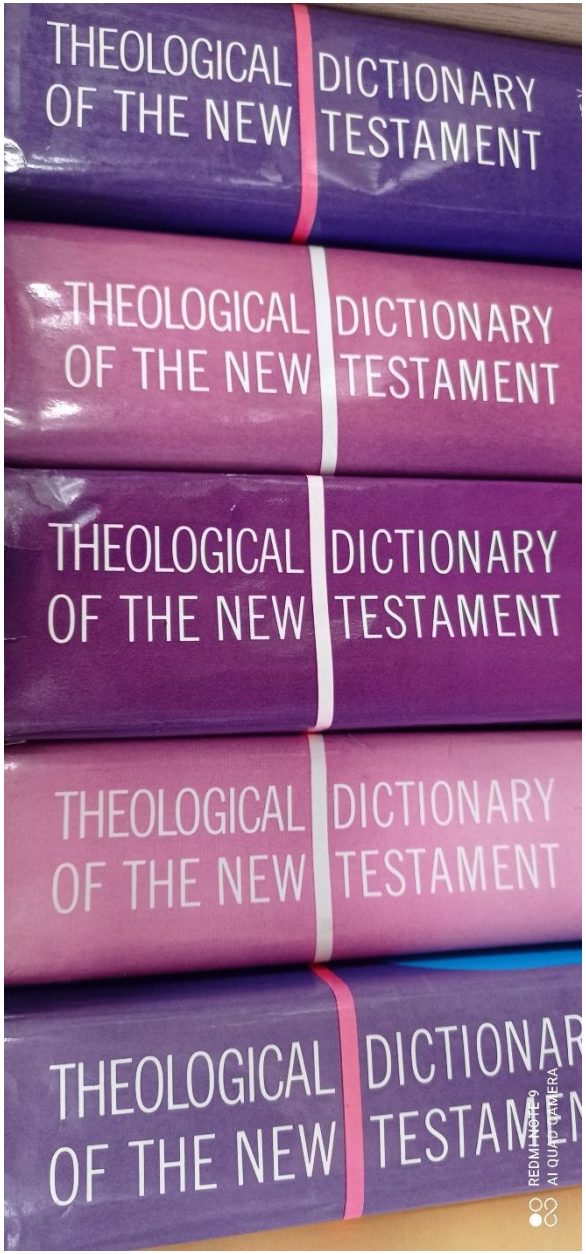
There were many impressions both in terms of academic pursuits and during our leisure time. I especially enjoyed the times we spent praying together in the mornings; it was an unforgettable opportunity to pray, offer praise, and thank God as a group. Although we spoke different languages, we prayed together in English. It was a wonderful feeling to see people from various countries worshipping God together. Very interesting the group work , as it allowed us to reflect on what we had heard in the lectures. We discussed the fact the Christians find it difficult to reconcile a realistic worldview with a spiritual one. The spiritual gives meaning to human life. God is accessible to us not only spiritually, but also through material things, namely baptism in water and the Holy communion. Furthermore, our group excursions into the mountains and sharing meals together were activities that brought us closer as a group.

Practical advice for future Erasmus+ participants

Definitely go and take the opportunity to participate in training events organized by Erasmus+. It is a unique chance to broaden your horizons, and to meet and interact with students and lecturers from other countries an exchange of experience, so to speak. You get to attend highly substantive lectures and then discuss what you have heard. It is also an opportunity to get to know your fellow students and lecturers better, beyond the confines of your everyday routine. This teaches us a great deal fostering qualities such as humility and the ability to adapt. Since the Erasmus+ program is very packed and intensive, time for rest is also important.

Additional reflections

The Erasmus+ opportunity opened up new horizons for me. I am very grateful for the chance to participate in this program. The support of the accompanying teachers was significant. I would very much like to go on another study trip like this, as it undoubtedly contributes to my academic growth and more.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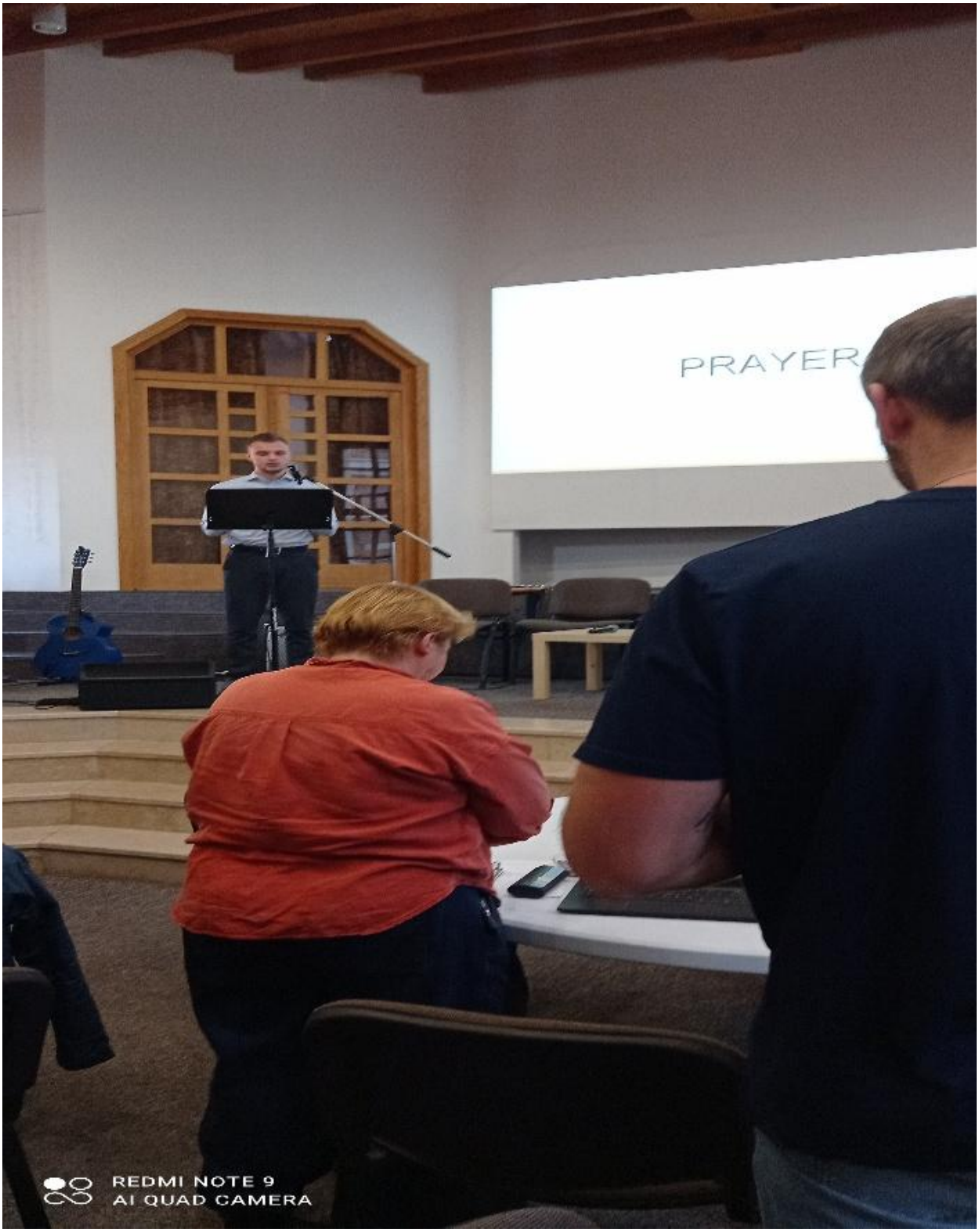
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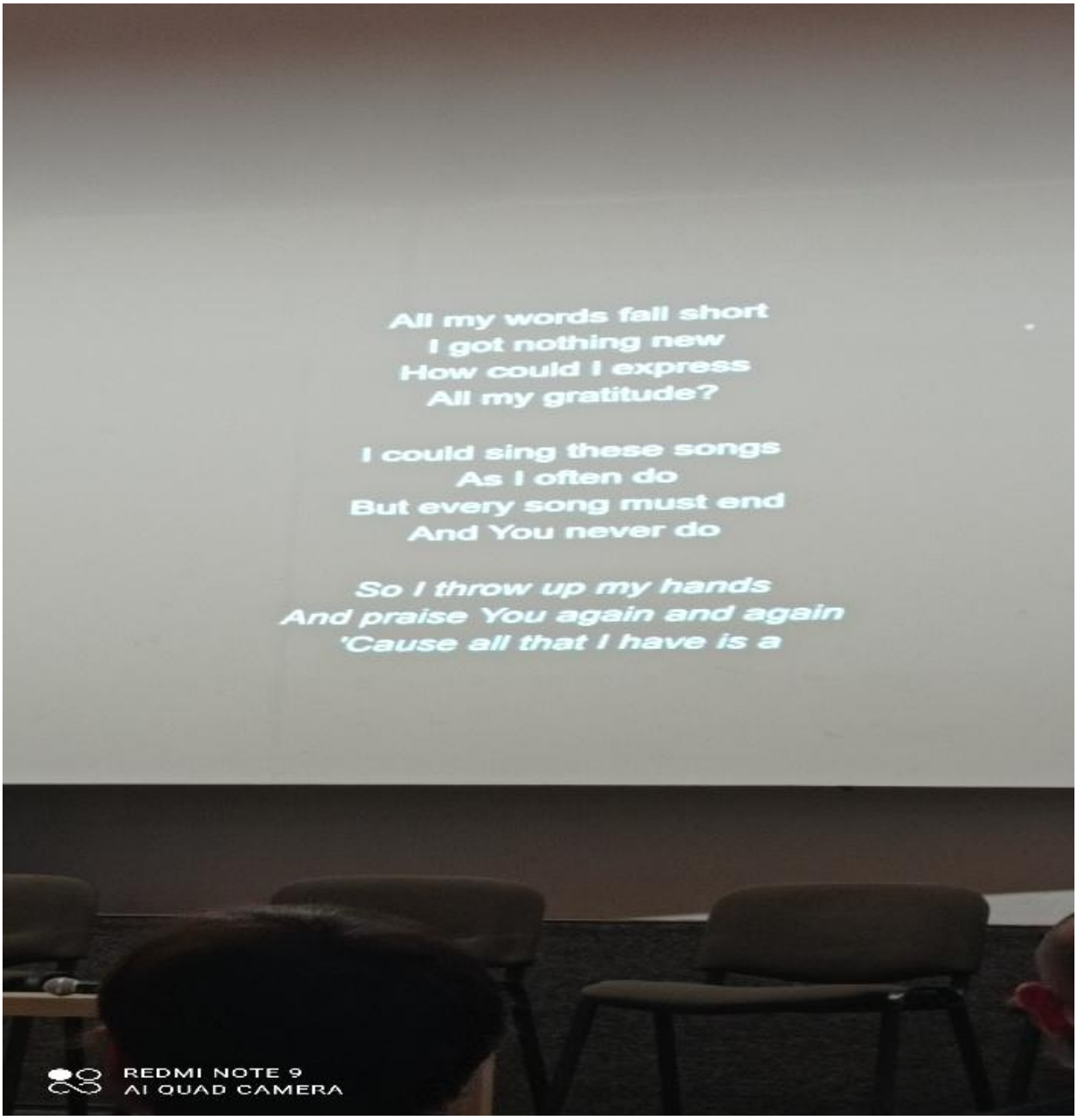
All my words fall short
I got nothing new
How could I express
All my gratitude?
I could sing these songs
As I often do
But every song must end
And You never do
So I throw up my hands
And praise You again and again
'Cause all that I have is a
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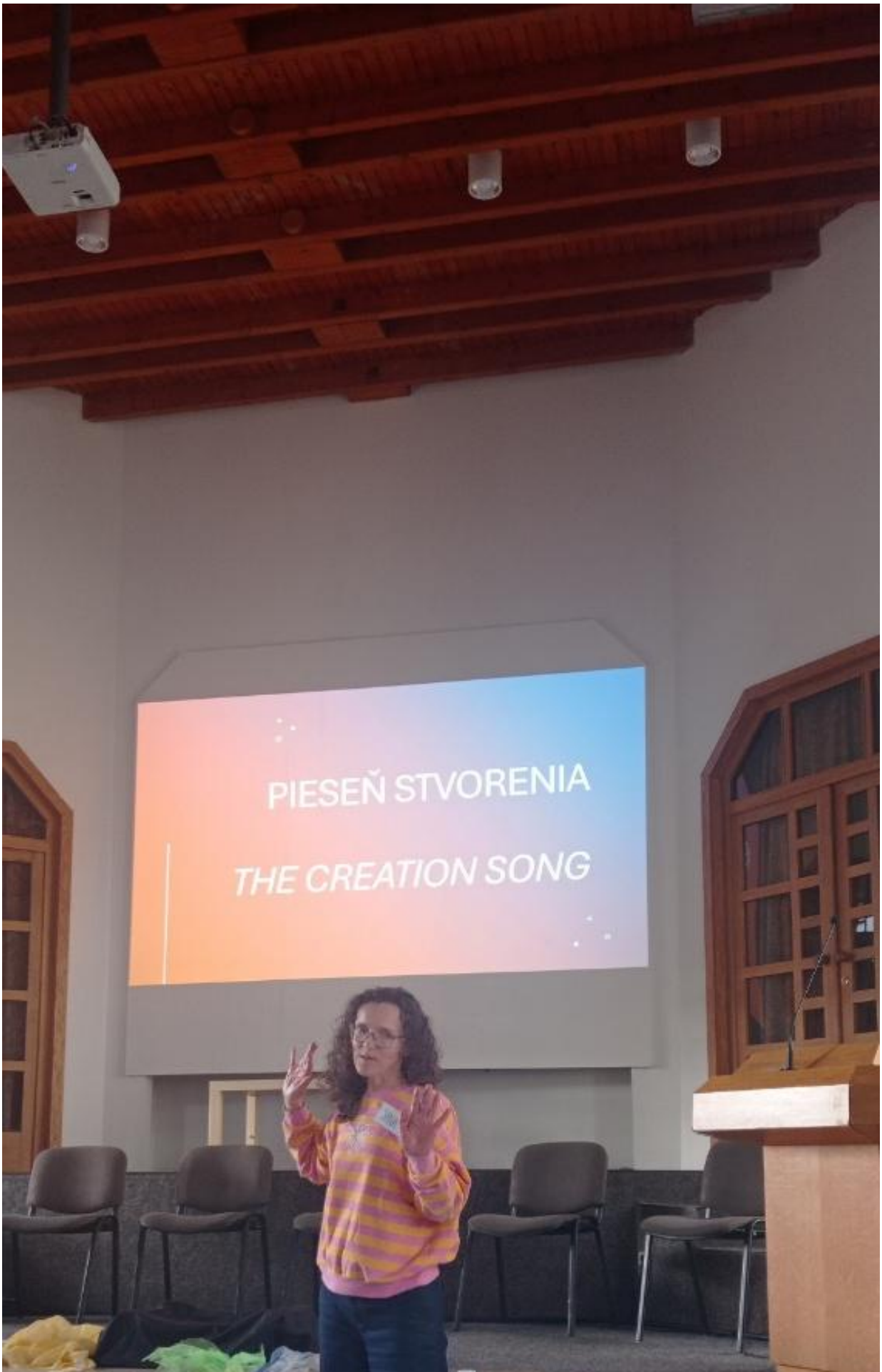
PIESEŇ STVORENIA
THE CREATION SONG