



Participant: Gints Graudins

Sending Institution: Luther Academy

Host Country: Rumania

Host Institution: Universitatea Babeş-Bolyai

Mobility Duration: 5 days.

Motivation to participate in Erasmus study mobility

As a lecturer at the Luther Academy and a doctoral student at the University of Latvia, I am interested in developing skills in project writing, which are becoming increasingly important in today's academic environment. These sessions provided practical knowledge about the development, planning aspects of international projects and professional competencies in project development, which will enable me to engage more actively in the international research initiatives of the Luther Academy.

Cooperation with the sending and receiving institutions

The cooperation between both the sending and the host institutions was clear throughout all phases of the Erasmus+ Staff Mobility. Luther Academy ensured clear instructions and administrative support both prior to and during the mobility period. Also the host institution (Universitatea Babeş-Bolyai) was very hospitable and provided important practical assistance. Its staff were welcoming and very supportive in accommodation and integration into the activities.

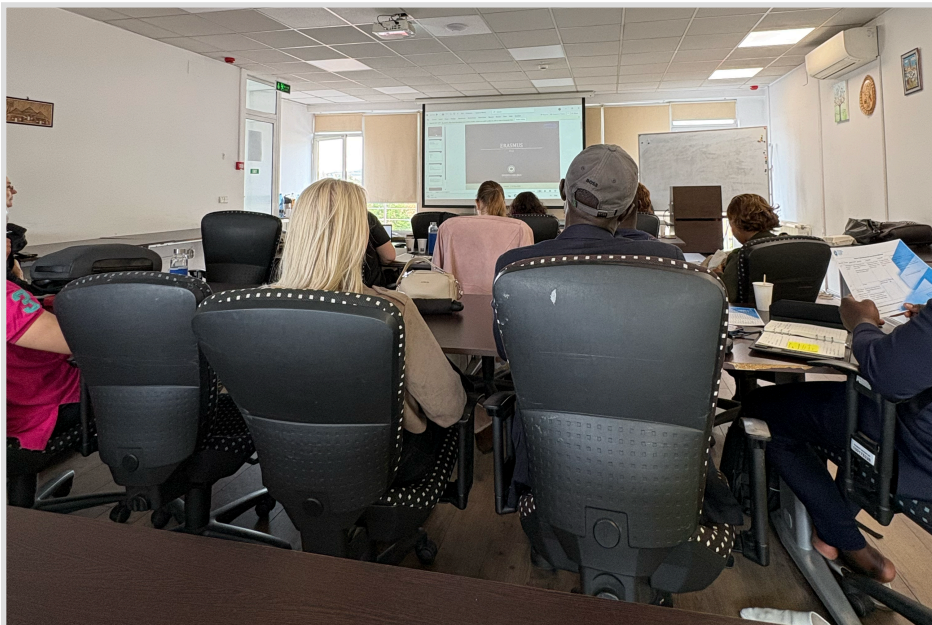
Academic and personal achievements

I gained many insights into the opportunities of various Erasmus+ projects, including practical aspects, such as the planning process; the risks and challenges in project management; and the responsibilities of all involved parties. I have been encouraged to engage in Erasmus+ project writing at my institution. The training program provided with the opportunity to interact with colleagues from a different partner institutions and explore future opportunities for

cooperation. The multicultural environment allowed me to gain a deeper understanding of multicultural context of Erasmus+ projects.

Most memorable impressions

One of my most memorable impressions from the Erasmus+ mobility was the exceptional hospitality and kindness shown by the host institution and its staff. From the very beginning I felt genuinely welcomed, which created an open and supportive atmosphere for personal interaction. Equally inspiring was the interaction with other participants from various continents. Many of them have already experienced the management of various projects. One of the instructor shared insights from more than 30 years of practical experience in Erasmus+ projects, which was extremely valuable. The warm and thoughtful care shown in everyday details also left a lasting impression. Throughout the program coffee with snacks was always available, accompanied by a welcoming atmosphere, which greatly contributed to a sense of community and fellowship, despite presence of people from various continents.



Practical advice for future Erasmus+ participants

I strongly encourage participants to take an active role in engaging with both faculty and fellow attendees. Informal interactions, such as conversations during breaks, shared meals and networking activities often offer valuable perspectives and practical insights that may not emerge in formal sessions. Gaining an awareness of the local educational context and cultural background further enhances mutual understanding and supports more effective collaboration. From a practical standpoint, it is advisable to prepare for seasonal weather conditions, especially when traveling to Cluj-Napoca in spring from Northern European countries.

Additional reflections

Overall, it proved to be a very educational and inspiring experience!